# Recipe card



# Vegan brownies

#### **BROWNIES**

11/2 cups raw walnuts (divided // 1 cup (93 g) + 1/2 cup (47 g) // plus more for topping)

1 cup raw almonds

2 1/2 cups dates (pitted // if dry, soak in warm water for 10 minutes then drain)

3/4 cup cacao powder or unsweetened cocoa powder

2 Tbsp cacao nibs (plus more for topping)

1/4 tsp sea salt

### **GANACHE FROSTING (optional)**

1/4 cup almond milk

1 cup dairy-free dark chocolate (chopped)

2 Tbsp coconut oil (melted)

1/4 - 1/2 cup coconut sugar

1/4 tsp sea salt

## **INSTRUCTIONS:**

- 1. Place 1 cup walnuts and the almonds in a food processor and process until finely ground.
- 2. Add the cacao powder and sea salt and pulse to combine. Transfer to bowl and set aside.
- 3. Add the dates to the food processor and process until small bits remain. Remove and set aside.
- 4. Add nut and cocoa mixture back into food processor and while processing, drop small handfuls of the date pieces down into the food processor or blender spout.
- 5. Process until a dough consistency is achieved, adding more dates if the mixture does not hold together when squeezed in your hand. You may not use all the dates.
- 6. Add the brownie mixture to a small parchment lined dish and before pressing, add remaining 1/2 cup roughly chopped and cacao nibs and toss to combine and evenly distribute. Then press down with hands until it is flat and firm. I like laying down a piece of plastic wrap to prevent sticking and get it really flat.
- 7. Lift parchment paper to remove brownies from dish and use hands to slightly squeeze in the sides to create a smaller square this will make the brownies slightly thicker.
- 8. Transfer back to dish and place in freezer or fridge to chill for 10-15 minutes.

#### FOR THE GANACHE:

- 9. Add almond milk to a mixing bowl and microwave for 45 seconds or until very warm. Alternatively, heat in a small saucepan until just simmering, then transfer to mixing bowl.
- 10. Immediately add chocolate to warm milk and loosely cover. Don't touch for 2 minutes so it can melt.
- 11. Add salt and stir gently with a wooden spoon to incorporate, then add melted coconut oil and use a whisk to

mix. Set in fridge for 10 minutes to thicken.

- 12. Remove from fridge and add powdered sugar a little at a time to thicken. Whisk again to combine. If it's still too thin, add another few Tablespoons powdered coconut sugar and beat until light and fluffy.
- 13. Frost brownies generously with frosting and then top with additional raw walnuts and cacao nibs. Slice into even squares.
- 14. Store brownies in an airtight container to keep fresh. Will keep for 3-4 days at room temperature, or in the freezer for at least 1 month (though best when fresh).